



TACC – TRIPLE-A COUNCIL OF CALIFORNIA
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GENERAL MEETING MINUTES

Los Angeles Marriott Downtown
Los Angeles, CA

Monday, November 16, 2009

I. Call to Order

President Large called the meeting to order at 1:03 p.m.

II. Pledge of Allegiance

Mary Jane Large led the pledge of allegiance.

III. Roll Call – Establish a Quorum

Roll call was taken as members introduced themselves by name, PSA and county.

Present:

PSA 4 – Mary Jane Large	PSA 22 – Antonio Rodella
PSA 5 – Allan Bortel	PSA 23 – Howard Nichols
PSA 6 – Cathy Russo	PSA 25 – Patricia Wilson
PSA 7 – Gerald Richards	PSA 26 – Pat Grabham
PSA 12 – Marge Depew	PSA 27 – Rabia Hunter
PSA 13 – Sandra Williams	PSA 28 – Pat Paris
PSA 15 – Sharon Lamagno	PSA 30 – Billie Taylor
PSA 17 – Martin Tucker	PSA 31 – Rick Dahlgren
PSA 20 – Walter Johnson Jr.	PSA 32 – Marilyn Bloom
PSA 21 – Erwin Fromm	PSA 33 – Marti Overfield

Guests: Susan Howland, Alzheimer's Association of Los Angeles, Riverside and San Bernardino County; Ed Walsh, Director, Riverside County Office on Aging; Peter Rittenhouse, Executive Director, Joslyn Senior Center, Palm Desert; Judy Finley, PSA 12; Carolyn Joyce, Community Access Center; Paul VanDoren, Executive Director Community Access Center; Lori Sweeney, Lake Mendocino AAA; Marcie Castro, PSA 32; Marlyn Mann, Director of Adult Services, Inyo County; Cristina Ugaitafa, San Mateo County Aging and Adult Services, PSA 8; Marsha Fong, San Mateo County Aging and Adult Services, PSA 8; Peggy Rothschild, CAASC; Lynn Daucher, CDA

Staff: Sandra Fitzpatrick, Marcella Lopez

A quorum was established.

IV. Introductions

Attendees introduced themselves by name, PSA and county.

V. Approve Agenda

The TACC Agenda for November 16-17, 2009 was reviewed. Alan Bortel moved; Cathy Russo seconded the motion to approve the November 16-17, 2009 agenda. Motion carried.

VI. Approve Minutes of August 17-18, 2009 Meeting

The minutes from August 17-18, 2009 meeting were reviewed.

Antonio Rodella requested a correction be made in the minutes from the August TACC meeting stating the AAA had no layoffs as reported. Minutes were adopted as amended.

VII. Public Comment

None

VIII. Treasurer's Report/Fiscal Update – Martin Tucker

Tucker provided a fiscal update. The California Seniors Special Fund Tax check-off was a little better than last year. TACC will continue with four meetings a year. Pro rata payment for being part of the state was budgeted at \$7,000, but has increased to \$11,000.

IX. California Commission on Aging Update – Sandra Fitzpatrick

Fitzpatrick suggested TACC members review the Health Policy Research Brief from UCLA and the Women's Foundation of California publication, as speaking opportunities may be available. Fitzpatrick announced the appointment of Virgie Walker to the Commission. Data analysis of the Senior Center Infrastructure Survey has been completed with a 51 percent return rate. Many TACC members assisted in getting senior centers to return surveys. The Commission is set to approve the data at tomorrow's Commission meeting. The results will be posted on the CCoA website at www.ccoa.ca.gov. The Senate Health Committee will be holding a legislative briefing in February to discuss the renewal of Section 1115 Medicaid waiver. There will not be a senior center event in 2010, but the Commission will discuss hosting an event in 2011.

X. Adoption of New TACC Bylaws

Please note current bylaws can be found at www.4tacc.org. The bylaws revision was necessary due to TACC's change in legal status. The proposed bylaws can be characterized as housekeeping to reflect TACC's legal status as a state entity. Large moved to adopt the bylaws changes; Marti Overfield seconded. Motion carried.

XI. PSA Reports

2:00 p.m.

Large reviewed PSA report criteria; reports should include name, PSA and contact information at the top of the page; should be a one to two page report explaining what the PSA has done since the last TACC meeting and how it is beneficial to the AAA.

PSA 32 – Marilyn Bloom

Ms. Bloom introduced guest Marcie Castro. Gangs are an issue in Salinas and have some impact on seniors. County is mostly rural. Ms. Castro and her group completed a comprehensive needs assessment of seniors in Monterey County. Transportation is one of the top senior needs. This year a major change was made in allocating funds.

Approximately 14 percent of seniors in the county are below the poverty line with a significant amount of seniors located in Carmel. The AAA assisted over 700 seniors in switching from analogue to digital television.

PSA 23 - Marti Overfield

The annual Healthy Harvest Fair offered free flu shots to seniors. More than 100 seniors received flu shots. Due to the large turnout and limited supply, several people were turned away. There have been a number of deaths in the county due to H1N1 flu. In conjunction with Relay for Life the AAA worked on distributing coupons for farmers market providing fresh fruits and vegetables to homebound seniors. In preparation for a pandemic flu the AAA obtained a one to two week supply of shelf-stable meals for seniors. Senior centers will be participating in the 2010 Census.

PSA 26 - Pat Grabham

The Emergency Action Plan for Lake and Mendocino counties was approved. The last advisory council meeting was held in conjunction with an Elder Abuse forum that provided panel discussions on healthcare and dental access. The Fundraising committee provided pill boxes and new resource books.

PSA 13 - Sandra Williams

A curriculum offering caregiver training was added to the local community college which will start this spring.

Large welcomed Lynn Daucher, Director, CDA.

XII. Dementia Care Network Presentation

Susan Howland, Alzheimer's Association of Los Angeles, Riverside and San Bernardino Counties spoke on the incidence of Alzheimer's disease and on the dementia care network. Ms. Howland reported on the trends and future impact of Alzheimer's disease in California. She addressed the trends and concerns of the disease as it relates to gender, ethnicity and poverty and the concern of Alzheimer's becoming a leading cause of death. Ms. Howland discussed the importance for both caregivers and individuals dealing with the disease to focus on the positive, making healthy lifestyle choices which could potentially delay the progression and or development of the disease. She stressed the importance of education and support for informal caregivers, family and all involved in the caregiving process.

PSA Reports Continued

PSA 6 - Cathy Russo

Transportation issues and the isolation of seniors are a concern. There will be a speaker tomorrow at the C4A conference discussing a model that may increase the public's access to services even when funds are being cut.

PSA 25 - Patricia Wilson

There has been reorganization within the advisory council. The bylaws have been abolished and replaced with operational guidelines. All but three committees have been eliminated; Advocacy, Strategic Planning and Systems. Membership is limited to twenty people including three service providers; others are members at large.

PSA 17 - Martin Tucker

The advisory council is in a position of support for National Healthcare Reform. Letters have been sent to all elected officials. Due to poor acoustics in senior centers where the advisory council meets, William Sound Company was contacted. They provided transmitter and receivers at a discounted price to help aid those members who have difficulty hearing. Successful outreach through continuing care facilities has increased the participation of seniors in Car Fit programs. An anonymous "survey monkey" was conducted to obtain feedback from the advisory council members on how to improve the council's efforts.

PSA 4 - Mary Jane Large

The AAA has taken a heavy hit in nutrition programs for both Yuba and Sutter counties. A meal service provider has been lost. The AAA funding is only a portion of nutrition funding and has contracted with Butte County to prepare and serve meals. Layoffs are a concern but will be postponed. Al Blum's PSA 4 report will be forwarded upon request.

PSA 12 - Marge Depew

Medication Management funds are being utilized to study the use of flash drives for File of Life. All medical information can be placed on the flash drive making it easier for paramedics and physicians to access pertinent and potentially life saving information. It is unclear if the drive would be password protected.

XIII. Regional Senior Center Forums Up-Date

Ed Walsh, Director, Riverside County Office on Aging
Peter Rittenhouse, Executive Director, Joslyn Senior Center, Palm Desert
Victoria Jump, Director, Ventura County Area Agency on Aging
Floyd Willis, Aging Program Specialist, San Diego Aging & Independence Services

The presenters gave an overview of their local/regional senior center forums.

Commissioner Sharon Monck, from the CCoA was introduced. Monck expressed appreciation for the TACC's participation, involvement in planning, and continued support of the Senior Center Forum. The forum was a tremendous success. Fitzpatrick introduced Peggy Rothschild, CAASC's new state president, and director of a senior center in Ventura County. On behalf of CAASC, Ms. Rothschild presented certificates to Ed Walsh, Peter Rittenhouse, Floyd Willis, Victoria Jump, the Congress of California Seniors and, CCoA, for their participation in the Senior Center Forum.

XIV. Recess until tomorrow at 8:30 a.m.

Meeting recessed at 5:45 p.m.

Tuesday, November 17, 2009

XV. Reconvene

President Large reconvened meeting at 8:35 a.m.

XVI. Executive Committee Report

A. The Executive Committee approved the following meeting dates for the next two TACC meetings: March 3-4, 2010 and May 5-6, 2010 at Vagabond in Sacramento.

B. Per Fitzpatrick the corporate dissolution has not officially been completed. The Secretary of State sent a letter and will process the dissolution in order of receipt. The dissolution will likely be complete by March.

C. Strengthening Relationships between TACC and C4A
Item deferred.

D. The Executive Committee's recommendation is to approve the Memorandum of Understanding between TACC and California Foundation on Aging

XVII. PSA Reports Continued

Large discussed the format and members expectations for oral PSA reports. File reports before meeting and read prior to attending meeting. Come with a list of questions after reading peer PSA reports. The foundational PSA Report is unlikely to change and should consist of structural items. The report should be a one or two page update explaining what your PSA has done since the last TACC meeting to fulfill its responsibilities.

Large requested TACC members refer to their initial (foundation) PSA report and find out if each advisory council has a website; who pays for it; what the number of hits are, etc. It is recommended to include this information in the next PSA report update.

PSA 23 - Howard Nichols

A psychiatric nurse and staff member with the San Diego AAA and member of the U.S. reserve, has passed. Two important items from the November AIS news letter: physical and financial self defense and CarFit program. Physical and financial self defense program provides information to seniors on how to defend a physical attack or avoid financial scams. Physical self defense is provided by a black belt Karate instructor who is also a senior. Financial defense is being provided by an attorney and representatives from the DA's office. The CarFit Program is newly in effect in San Diego County and will train 25 volunteers to take the program to other sites.

PSA 7 - Gerald Richards

This will be Gerald Richards last meeting. A CDA audit reported the AAA has a deficiency for lack of diversity in its advisory council membership. Richards requested input from TACC members as to how they achieved diverse representation. The AAA lost two full-time transportation staff members. The local DMV office produced an Older Driver brochure, sponsored by Contra Costa County. TACC members offered suggestions for increasing diversity.

PSA 27 - Rabia Hunter

Linkages program staff has received county funds to keep the program going. As an advisory council member it is mandatory to have a full day of training at the Sonoma office AAA. The Council held training and break-out sessions with a panel of APS, bank representatives and attorneys discussing financial abuse. The training was given to 100 seniors with this same panel; another 70 seniors came to a second training in Oakmont. Currently using the term elder protection rather than elder abuse.

PSA 31 - Rick Dahlgren

Annual Salute to Seniors fair was held in Los Banos City last month. There were more than 300 people in attendance. A big draw was bingo. Los Banos City is constructing a new community and senior center. The City Council wants seniors to operate their own building. Merced has a new senior center. The November newsletter will be out soon. Trying to inform and educate AAA on what is happening with other organizations. There is a strong interest in putting on a fall prevention workshop and help is needed. December 9th is the holiday luncheon. Dahlgren is the chair of the California Senior Legislature's Joint Rules Committee. He suggested TACC members refer to the CSL website at www.4csl.org for the top ten CSL proposals for 2010.

PSA 15 - Sharon Lamagno

The nutrition program is having many problems. The County government closed down kitchen, along with Meals on Wheels.

PSA 21 - Erwin Fromm,

The 2009-2012 Strategic Plan is complete. The four priority goals are; improve service delivery systems and strengthen infrastructure; coordination and community integration; life care planning; and improve health and quality of life. The Riverside County Office on Aging received \$5000 in award money from SCAN Health Plan.

PSA 28 - Pat Paris

The advisory council recently added an Ad Hoc Senior Homelessness Committee and met with shelter directors, to compile information on how many seniors are homeless due to foreclosures. AAA member and mental health advocate, Terri Restelli-Deits, is working along side the advisory council to administer funding for elder abuse program through the Archstone Foundation. PSA 28 was also awarded funding for Gatekeeper Navigation System for Solano County. A model of the Gatekeeper Program will be presented at the upcoming Mental Health /Older Adult System's of Care Conference in Riverside on December 1-2. The AAA is currently selling 2010 calendars to fund services and programs provided by the AAA. The Solano Fall Prevention Partnership has been able to complete programs with almost no money. Paris requested TACC members' input regarding homelessness asking "What steps if any has your advisory council taken to document the number of seniors who are homeless? What is being done to serve/outreach seniors who are homeless or at risk of homelessness?"

PSA 22 - Antonio Rodello

Info van event at Irvine Regional Park was a success. There were more than 350 in attendance. Lunch, activities and community resource information was provided. Last year's senior summit was a success. Some may want to host senior summits in their own district. The first meeting in September was hosted by Chaplain University of Law. The Law center will accept elder cases from intake to conclusion using third year law students. Lynn Daucher from CDA will be speaking at the next meeting.

PSA 30 - Billie Taylor

No report submitted. Every year the AAA has a healthy aging summit, partnering with people in town. The summit is supported by AARP. Lobbied Board of Supervisors regarding portal to portal transportation of seniors. The new art center fund raiser raised \$9,000. The

foundation supported a DVD on the financial abuse of seniors, called Secrets in America. The DVD was shown on PBS. Please contact Billie Taylor for a copy of the DVD.

PSA 5 - Allan Bortel

Bortel reported that press releases for the "Get Ready" training/workshops have been sent to local media with good reception. Emergency kits will be provided to seniors who complete the training/workshop. Kits include a three day supply of emergency items such as a can opener, food and emergency blanket. Transportation is the number one concern in the county; mobility manager is working closely with senior community. Currently preparing for Older Americans month and the Healthy Aging Symposium in May. Last month's senior fair had 500 in attendance and provided flu shots.

PSA 20 - Walter Johnson

The AAA has a website that is run by the county. Seniors are most interested and concerned with issues of transportation, housing and dental care. The AAA received additional stimulus funds from the Transportation Escort Program (TREP).

XVIII. Adjourn

Meeting adjourned at 10:41am